

A close-up photograph of white flowers and green leaves, with a bright light flare on the left side. The flowers are in various stages of bloom, and the leaves are vibrant green. The background is a soft, out-of-focus blue.

AMG NUTRITION

CANCER RECOVERY NUTRITION

Improve recovery time

Increase energy levels

Improve treatment effectiveness

Reduce treatment side effects

Reduce chance of recurrence

Most people treat cancer as a sudden occurrence, like getting a virus or the flu. And even more people see the possibility of getting cancer in the same way, as if it was by luck of the draw and if it happens to you, oh well.

The truth is that everyone has cancerous cells within their bodies. Cancer cells are simply mutant cells, which cause more harm than good. Since our bodies are constantly producing cells, some of them are naturally going to be defective or mutant.

So why then doesn't everyone get cancer? Two main reasons: 1) some people expose themselves to more carcinogens, or toxins which produce cancerous cells and 2) some people allow their immune system to deteriorate to levels in which it can no longer fight the growing number of cancer cells.

Of course, this is a simplification of how cancer works, but at the basis of every successful cancer treatment, there needs to be a proactive approach to improving your immune system function. Without a healthy immune system, your body will have a difficult time beating cancer and an even harder time preventing cancer recurrence.

The AMG Cancer Nutrition Program is designed with 15 years of experience in treating cancer using integrative medicine. Improving immune system function is the cornerstone of all of our cancer treatment programs. Through our integration of nutrition into our cancer treatment, we have been able to naturally increase treatment effectiveness while reducing side effects and the probability of recurrence.

The program is available to anyone who has or has had cancer.



Nutrition Program Goals

I Eliminate Carcinogen Exposure

The first step is to analyze your diet and lifestyle to identify any carcinogen sources that could be adding to the level of cancer cells being produced by your body. This can come from numerous food sources and cooking methods along with exposure to certain chemicals, and the last thing you want to do is to continue to introduce these toxins into your body. Give your body a chance to fight without adding to its challenge.

II Eliminate Cancer Friendly Food

Certain foods promote cancer growth. As part of the nutrition program, we will help you identify these foods and eliminate them from your diet to essentially starve the cancer of as much food as we can.

III Improve Immune System Function

The most important step of the nutrition program is to improve your immune function as much as possible. The first two steps remove some of the load on your immune system by not introducing new elements to attack your body. The third step utilizes heavy doses of nutritional supplements designed to boost your immune system specifically in the manner necessary for your condition.

IV Improve Supporting Systems

Overall health depends on more than a healthy immune system. The AMG Nutrition Program analyzes any inefficiency in other vital systems within your body that may hinder your overall health.



Dr. Francisco Soto



As director of the AMG Health clinic, Dr. Soto has worked with thousands of cancer and degenerative disease patients for over 25 years. His integrative approach to treatments has resulted in a treatment package that combines the best of natural and alternative medicine with the best of conventional medicine to provide patients with the most effective treatments available in the world.

His experience in clinical nutrition reaches beyond a simple degree in nutrition – nutrition is one of the cornerstones of his treatment programs. This experience along with his commanding knowledge of orthodox medicine, complications, and medications give him the ability to provide nutritional support advice beyond anything available from a general nutritionist.

Nutrition Program Options

Basic Program

\$200

The basic program is a great way to get started. You will be sent some evaluation forms to document your diet over a three-day span, list the items in your pantry and refrigerator, and normal diet habits, along with a medical history evaluation. You will be provided with a dietary and nutritional supplement plan for 2-3 months.

- ⇒ 50 minute phone/Skype consultation
- ⇒ Analysis of current diet, condition, energy levels, issues, medical history, lifestyle and social habits
- ⇒ Basic diet plan tailored to you
- ⇒ Recommended nutritional supplement plan
- ⇒ 5% discount on nutritional supplements

Elite Program

\$420 - \$630*

The elite program includes everything that is included in the basic program, but also involves more in-depth analysis into your current health. The elite test includes hair and blood tests to get a complete picture of your actual deficiencies, toxicities, and needs. This analysis results in a much more personal health plan with more exact priorities based on immediate needs. After the initial consultation, you will be sent a hair analysis kit along with a voucher for a blood test at your local lab. After we receive your results, a secondary consultation is done to review the results along with your nutrition plan. This is the most complete nutrition assessment.

- ⇒ 1 30 minute phone/Skype initial consultation
- ⇒ Full blood work analysis for current critical information *(Only necessary if pertinent current blood work results can not be provided by customer)
- ⇒ Hair analysis to test for mineral levels along with toxicity levels
- ⇒ Analysis of current diet, condition, energy levels, issues, medical history, lifestyle and social habits, along with blood work and hair analysis tests
- ⇒ 1 45 minute follow-up consultation to review test results and nutrition plan
- ⇒ Basic diet plan tailored to you
- ⇒ Recommended nutritional supplement plan
- ⇒ 10% discount on nutritional supplements

Follow-up Consultations

\$100

Applies to follow-up consultations for basic and elite package customers. Any additional testing required is separate. Follow-up consultations are recommended every 2-3 months.

- ⇒ 50 minute phone/Skype consultation



Contact Information

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Legal Stuff and Disclaimers

A dietary and nutritional supplement plan is intended to benefit the overall health of a patient, but is not intended in any way to cure or treat any degenerative disease. It is not a substitute for your normal treatments. AMG Nutrition does not claim to treat or cure any diseases with the nutritional support programs mentioned in this document.